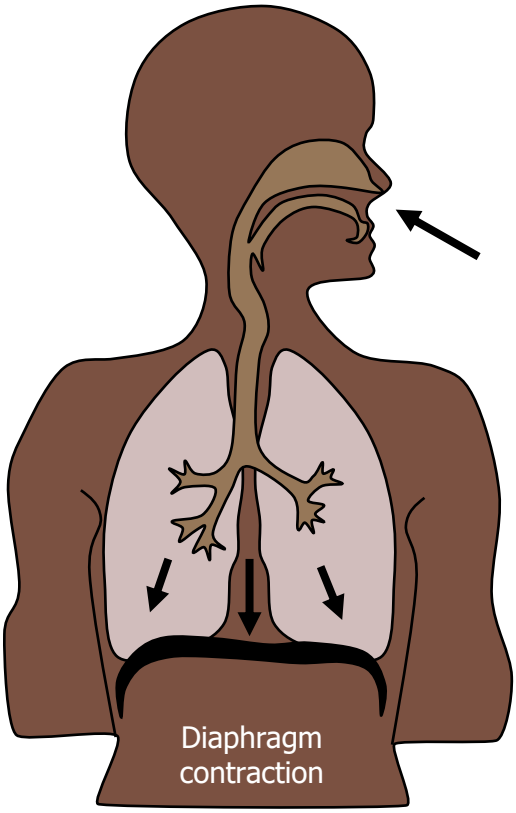
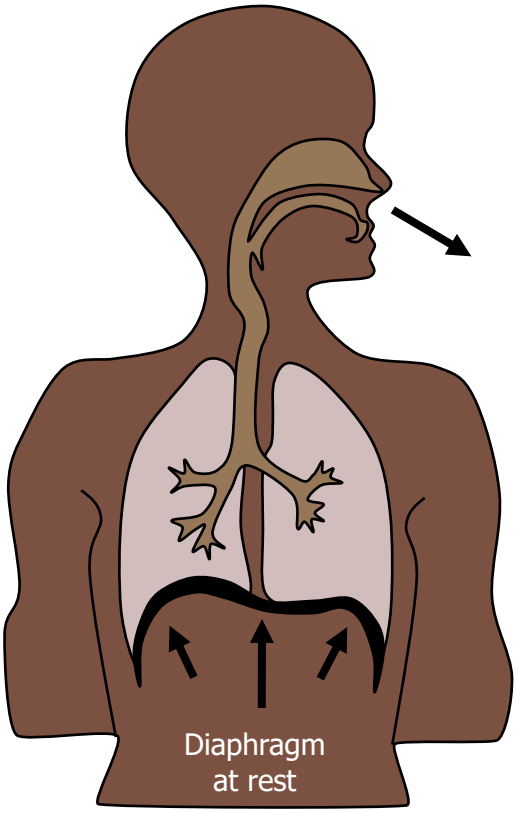
Inhalation



Exhalation